

DUA FOR HEART DISEASE

*Place your left palm on the left side
of the chest over the heart.*

*Recite the following dua 7 times
after Fajr and Maghrib Salaah:*

يَا قَوِيُّ الْقَادِرِ الْمُقْتَدِرِ

قَوِيُّ قَلْبِي