

**DUA FOR CURING THE DISEASE**  
**BEYOND THE COMPREHENSION OF**  
**PHYSICIAN AND WHEN ONE IS**  
**FEELING VULNERABLE**

*Recite the following dua 313 times  
for 21 days and blow towards the  
sky, on your body and on water*

فَدَعَا رَبَّهُ أَنِّي  
مَغْلُوبٌ فَانْتَصِرُ